

VIDEO: CATAMARAN SAILING

Two highly professional, expertly edited interactive DVDs present a complete guide to sailing beach catamarans, from launching to first tacks to regatta. Whether you are a beginner or seasoned regatta competitor, you will find these 5 hours of film to be full of information and inspiration. The film was shot using a system capable of simultaneously recording several cameras placed on the catamarans and chase boats and are used to illustrate the techniques presented by Mitch Booth and Herbert Dercksen (Tornado), Darren Bundock and Glenn Ashby (F18), Glenn Ashby (A Class) and Emmanuel Boulogne (F18). The interactive interface makes it easy to move from one sequence to another. The DVDs can be used on newer DVD players or personal computers and they are PC/Mac compatible.

45-0012 DVD \$59.95



CATAMARAN SAILING FROM START TO FINISH

This book is Murray's choice for the beginner and semi-experienced catamaran sailor. It offers a complete course in catamaran sailing for anyone who wants to become more skilled in the arts of tuning, handling and racing cats. In addition to sections on buying a cat, learning the basics, heavy-weather sailing, mastering the fine points, racing tactics, and surfing, it includes a new chapter on high-performance sails, covering how to use spinnakers, reachers, screechers, and fathead mainsails. By Phil Berman.

219 pages. Revised edition ©1999. Paperback.
45-0135 Book \$24.95



VIDEO: CATAMARAN SAILING—A STEP BY STEP GUIDE

This video is Murray's choice for beginners. It is easy to understand and provides a boat load of information. With helpful 3-D computer graphics, sailing champion Brian Heffernan covers trailering, rigging, trapezing, capsizing, points of sail, parts of the boat, and sailing in light and moderate breezes. 45 minutes.

45-2041 VHS \$28.00

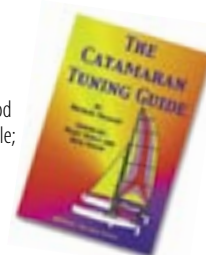
45-2043 DVD \$30.00



THE CATAMARAN TUNING GUIDE

This book starts at the basics and works its way to high-tech—a good choice for beginner, novice, journeyman or hotdog. By Michael Fragale; edited by Rick White and Mary Wells. 128 pages. ©1999.

45-0054 Book \$30.00



RICK WHITE'S VIDEO SAILING SEMINARS

Improve your catamaran sailing and racing skills! Rick White's Video Sailing Seminars cover all parts of sailing and are great learning tools for the beginner and novice sailor through advanced racer. Each video is 30 to 40 minutes in length.

45-2020 Total Boat Handling VHS \$29.95

45-2021 Upwind and Rolltacking VHS \$29.95

45-2022 Great Starts and Finishes VHS \$29.95

45-2023 Great Mark Roundings VHS \$29.95

45-2024 Downwind Sailing VHS \$29.95



CATAMARAN RACING: FOR THE 90'S

This is the ultimate catamaran sailing book. With nearly 50 diagrams, the founders of Rick White's Sailing Seminars teach cutting-edge techniques for this new generation, including the "Wild Thing," (a hot, faster way to sail downwind) and the "Catamaran Roll-Tack," (a trick to get your tacks down to only 5 seconds). Plus a great lineup of chapters contributed by famous world-class sailors. 352 pages. ©1992. Paperback.

45-0052 Book \$30.00



SAILOR'S START-UP: A BEGINNERS GUIDE TO SAILING

A light, straightforward introduction to the sport of small boat sailing. Stuffed with over 100 photos, the text covers the basics of gear, conditions, technique, safety and etiquette for monohull and catamaran sailing. Guaranteed to inform and motivate. By Doug Werner. 140 pages. ©1994.

45-0110 Book \$9.95



VIDEO: CATAMARAN RACING

Whether you're a pro looking for a few pointers to increase your success on the race course or a beginner wondering how to get involved in racing, *Catamaran Racing* has the answers. Top racers from around the world share their experiences and offer valuable insight into the fast and exciting sport of catamaran racing. The topics include: Your First Regatta, Course Layout, Starting Technique, Rules of the Road, Mark Rounding, Launching in Surf, and Racing Strategies. 40 minutes.

45-2042 VHS \$28.00

45-2044 DVD \$30.00



VIDEO: SHARING THE WIND & A MOMENT'S GLORY

Two films are combined on a single tape for more action and entertainment. Filmed in Hawaii and California, this video captures the ballet-like movement and magic of recreational sailing and the intensity of world championship Hobie® racing. The two movies run 50 minutes total.

45-2040 VHS \$29.00



OWNERS' MANUALS

Factory manuals are invaluable.

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50-33450001 H-21SE Assembly \$5.25

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50-38450000 Hobie® Wave Assembly \$5.25

56-9558 Nacra Assembly \$6.00

56-9050 P-15/16/18 Owner's \$6.00

56-9058 P-18.2/19 Owner's \$6.00



ILLUSTRATED PARTS LISTS

Learn the real name of that thingamajig and make ordering parts easier. An excellent resource for sailors doing maintenance and repairs.

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50-87162810 H-16 Parts \$1.00

50-87173000 H-17 Parts \$1.00

50-87166810 H-18 Parts \$1.00

50-87167020 H-20 Parts \$1.00

50-87167021 H-21 Parts \$1.00

56-0300 Nacra Parts \$1.00

56-0200 Prindle Parts \$1.00

56-0400 Inter Parts \$1.00



SAILING DRILLS: HOW TO SAIL BETTER, FASTER, SMARTER, SAFER

Rick White and Mary Wells of Rick White's Sailing Seminars have compiled a book of drills that dissect sailing and racing. These intensified drills can eliminate years of improper practice time, years of trial and error, years of following others around the course, and years of disappointment! 160 pages. ©1995. Paperback.

45-0053 Book \$30.00